

Categories - Kyokushin Cup 2020

Open			
Category- 1	Men-Lightweight - Open	-70kg	Grade - Open
Category- 2	Men-Middleweight-Open	-80kg	Grade - Open
Category- 3	Men-Heavyweight-Open	+80kg	Grade - Open
Category- 4	Women-Lightweight - Open	-65kg	Grade - Open
Category- 5	Women-Heavyweight-Open	+65kg	Grade - Open

Novice - UK and Ireland participants only			
Category- 6	Men-Lightweight - Novice	-70kg	Grade - 10 th Kyu to 1 st Kyu
Category- 7	Men-Middleweight- Novice	-80kg	Grade - 10 th Kyu to 1 st Kyu
Category- 8	Men-Heavyweight- Novice	+80kg	Grade - 10 th Kyu to 1 st Kyu
Category- 9	Women-Lightweight - Novice	-65kg	Grade - 10 th Kyu to 1 st Kyu
Category- 10	Women-Heavyweight- Novice	+65kg	Grade - 10 th Kyu to 1 st Kyu

Veteran			
Category- 11	Men-Lightweight - Veteran(Over 40 years)	-70kg	Grade - Open
Category- 12	Men- Heavyweight- Veteran(Over 40 years)	+70kg	Grade - Open
Category- 13	Women-Lightweight-Veteran(Over 40 years)	-65kg	Grade - Open
Category- 14	Women-Heavyweight-Veteran(Over 40 years)	+65kg	Grade - Open

Junior and Cadet Age 6 to 17			
Category- 15 Boys	Age 6 and 7	Weight- Open	Grade - Open
Category- 16 Girls	Age 6 and 7	Weight- Open	Grade - Open
Category- 17 Boys	Age 8 and 9	Weight- Open	Grade - Open
Category- 18 Girls	Age 8 and 9	Weight- Open	Grade - Open
Category- 19 Boys	Age 10 and 11	Weight- Open	Grade - Open
Category- 20 Girls	Age 10 and 11	Weight- Open	Grade - Open
Category- 21 Boys	Age 12 and 13	Weight- Open	Grade - Open
Category- 22 Girls	Age 12 and 13	Weight- Open	Grade - Open
Category- 23 Boys	Age 14 and 15	Weight- Open	Grade - Open
Category- 24 Girls	Age 14 and 15	Weight- Open	Grade - Open
Category- 25 Boys	Age 16 and 17	Weight- Open	Grade - Open
Category- 26 Girls	Age 16 and 17	Weight- Open	Grade - Open

Kata		
Category-27	Age 6-7 Junior	Grade - 10 th kyu and above
Category-28	Age 8-10 Junior	Grade - 10 th kyu and above
Category-29	Age 11-13 Junior	Grade - 10 th kyu and above
Category-30	Age 14-15 Junior	Grade - 10 th kyu and above
Category-31	Age 16-17 Junior	Grade - 10 th kyu and above
Category-32	Over 18	Grade - 10 th kyu up to 1st kyu
Category-33	Over 18	Grade - Shodan and above

Please note: Tournament committee reserves the right to change the categories