

Categories for Kyokushin Cup 2024 The 9th All UK Open

Open			
Category- 1	Men-Lightweight - Open	-70kg	Grade - Open
Category- 2	Men-Middleweight-Open	-80kg	Grade - Open
Category- 3	Men-Heavyweight-Open	+80kg	Grade - Open
Category- 4	Women-Lightweight - Open	-65kg	Grade - Open
Category- 5	Women-Heavyweight-Open	+65kg	Grade - Open

Novice - UK and Ireland participants only			
Category- 6	Men-Lightweight - Novice	-70kg	Grade - 10 th Kyu to 1 st Kyu
Category- 7	Men-Middleweight- Novice	-80kg	Grade - 10 th Kyu to 1 st Kyu
Category- 8	Men-Heavyweight- Novice	+80kg	Grade - 10 th Kyu to 1 st Kyu
Category- 9	Women-Lightweight - Novice	-65kg	Grade - 10 th Kyu to 1 st Kyu
Category- 10	Women-Heavyweight- Novice	+65kg	Grade - 10 th Kyu to 1 st Kyu

Veteran age over 45			
Category- 11	Veteran	-70kg	Grade - Open
Category- 12	Veteran	-80kg	Grade - Open
Category- 13	Veteran	+80kg	Grade - Open

Junior's age 6 to 15 and Cadets			
Category- 15 Girls	Age 6 and 7	Weight- Open	Grade - Open
Category- 16 Boys	Age 6 and 7	Weight- Open	Grade - Open
Category- 17 Girls	Age 8 and 9	Weight- Open	Grade - Open
Category- 18 Boys	Age 8 and 9	Weight- Open	Grade - Open
Category- 19 Girls	Age 10 and 11	Weight- Open	Grade - Open
Category- 20 Boys	Age 10 and 11	Weight- Open	Grade - Open
Category- 21 Girls	Age 12 and 13	Weight- Open	Grade - Open
Category- 22 Boys	Age 12 and 13	Weight- Open	Grade - Open
Category- 23 Girls	Age 14 and 15	Weight- Open	Grade - Open
Category- 24 Boys	Age 14 and 15	Weight- Open	Grade - Open

Category- 25 Girls	Cadets - Age 16 and 17	Weight- Open	Grade - Open
Category- 26 Boys	Cadets - Age 16 and 17	Weight- Open	Grade - Open
Category- 27 Girls	Cadets - Age 16 and 17	Weight- Open	Grade - Open
Category- 28 Boys	Cadets - Age 16 and 17	Weight- Open	Grade - Open

Kata Tournament for Juniors and Adults		
Category- 29	Age 6-9 - Girls and Boys	Grade - Open
Category- 30	Age 10-13 - Girls and Boys	Grade - Open
Category- 31	Age 14-17 - Girls and Boys	Grade - Open
Category- 32	Adults - Over 18 - Men and Women	10th kyu up to 1st kyu
Category- 33	Adults - Over 18 - Men and Women	Shodan and above

- There will be two weight categories for Juniors if there is sufficient number of participants. For example, under and over 55kg.
- Please note: Tournament committee reserves the right to change the categories.